

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 6 Athlete: KERCKHOFS WOUKE			Q-time: 01:33:29
PB (50m pool): 01:33.29 Antwerpen 13/07/2025			PB (25m pool): 01:27.93 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.58	01:33.29	
	00:46.58	00:46.71	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 11-12			Heat:2, starttime: 14:55
Heat: 2/2 Lane : 8 Athlete: SMEETS LOU			Q-time: 00:37:28
PB (50m pool): no time			PB (25m pool): 00:37.28 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:2, starttime: 15:00
Heat: 2/8 Lane : 3 Athlete: VANMECHELEN KATO			Q-time: 01:28:92
PB (50m pool): 01:28.92 SportinGenk Park 11/11/2025			PB (25m pool): 01:26.20 SB: 01:28.92 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:28.92	
	no time		
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:7, starttime: 15:10
Heat: 7/8 Lane : 7 Athlete: GHOOS KATO			Q-time: 01:14:54
PB (50m pool): 01:14.54 SportinGenk Park 11/11/2025			PB (25m pool): 01:11.61 SB: 01:14.54 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:14.54	
	no time		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 13-14			Heat:2, starttime: 15:25
Heat: 2/4 Lane : 2 Athlete: KERCKHOFS WOUKE			Q-time: 00:47:96
PB (50m pool): 00:50.67 Antwerp 14/04/2024			PB (25m pool): 00:47.86 SB: no time
	5 0 M		
PB	00:50.67		
	00:50.67		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14			Heat:4, starttime: 15:33
Heat: 4/7 Lane : 6 Athlete: VANINBROUKX TOON			Q-time: 00:44:26
PB (50m pool): no time			PB (25m pool): 00:44.26 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14			Heat:5, starttime: 15:34
Heat: 5/7 Lane : 1 Athlete: JAMAR ALEXANDER			Q-time: 00:41:99
PB (50m pool): no time			PB (25m pool): 00:41.99 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:4, starttime: 16:00
Heat: 4/5 Lane : 5 Athlete: PROUVé VIKTOR			Q-time: 01:17:70
PB (50m pool): 01:17.70 Antwerpen 13/07/2025 PB (25m pool): 01:14.38 SB: no time			
	5 0 M	1 0 0 M	
PB	00:35.72	01:17.70	
	00:35.72	00:41.98	
			

Coach feedback: